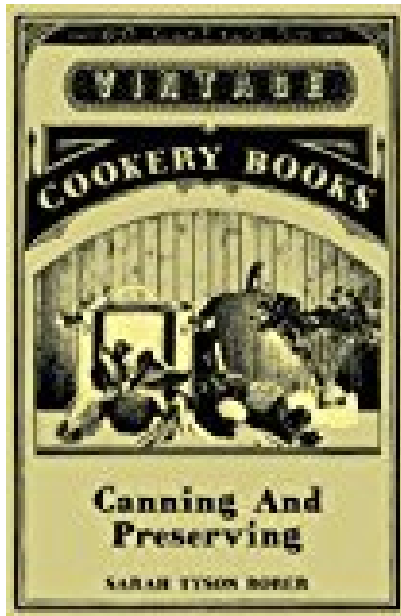


Canning And Preserving



BOOK DETAILS

- Author : Sarah Tyson Rorer
- Pages : 120 Pages
- Publisher : West Press
- Language : English
- ISBN : 1444687565

[↓ DOWNLOAD](#)

BOOK SYNOPSIS

Everything you need to know to can and preserve your own food With the cost of living continuing to rise, more and more people are saving money and eating healthier by canning and preserving food at home. This easy-to-follow guide is perfect for you if you want to learn how to can and preserve your own food, as well as if youre an experienced canner and preserver looking to expand your repertoire with the great new and updated recipes contained in this book. Inside youll find clear, hands-on instruction in the basic techniques for everything from freezing and pickling to drying and juicing. Theres plenty of information on the latest equipment for creating and storing your own healthy foods. Plus, youll see how you can cut your food costs while controlling the quality of the food your family eats. Everything you need to know about freezing, canning, preserving, pickling, drying, juicing, and root cellaring Explains the many great benefits of canning and preserving, including eating healthier and developing self-reliance Features new recipes that include preparation, cooking, and processing times Amy Jeanroy is the Herb Garden Guide for About.com and Karen Ward is a member of the International Association of Culinary Professionals If you want to save money on your grocery bill, get back to basics, and eat healthier, Canning & Preserving For Dummies, 2nd Edition is your ideal resource!

CANNING AND PRESERVING - Are you looking for Ebook Canning And Preserving? You will be glad to know that right now Canning And Preserving is available on our online library. With our online resources, you can find Applied Numerical Methods With Matlab Solution Manual 3rd Edition or just about any type of ebooks, for any type of product.

Best of all, they are entirely free to find, use and download, so there is no cost or stress at all. Canning And Preserving may not make exciting reading, but Applied Numerical Methods With Matlab Solution Manual 3rd Edition is packed with valuable instructions, information and warnings. We also have many ebooks and user guide is also related with Canning And Preserving and many other ebooks. We have made it easy for you to find a PDF Ebooks without any digging. And by having access to our ebooks online or by storing it on your computer, you have convenient answers with Canning And Preserving. To get started finding Canning And Preserving, you are right to find our website which has a comprehensive collection of manuals listed.